

# Fowlerville High School January 2024

## GLAD SHACK

Food Courts

This institution is an equal opportunity provider.  
Menus are subject to change.

**Annette Chamberlain,**  
**FNS Manager 223-6117**  
**Amy Verhelle-Smith, Director**  
**223-6115**

## GREAT STARTS.

A fast start is so important. And what better way to start the New Year than by starting each NEW DAY with a healthy, complete breakfast? You'll have more energy, be more alert, and feel full through the morning!



## Daily Lunch Specials

*Every Lunch includes a choice of entree, fruits, vegetables and milk.*

### Area #2

**Pepperoni Pizza**  
**Cheese Pizza**  
**Buffalo Chicken Pizza**  
**BLT Pizza**  
**Cheese Stuffed Breadsticks**

**Daily Special Pizza**

### Area #1

**Popcorn Chicken w/Roll & Potato Wedges**  
**BBQ Boneless Wings**  
**w/Roll & Potato Wedges**  
**Mini Corn Dogs & Potato Wedges**  
**Spicy Chicken Tenders & Potato Wedges**

### Area #3

#### Rotation

**Alfredo Pasta w/Garlic Toast**  
**3 Cheese Mac & Cheese w/Garlic Toast**  
**Rotini & Meat Sauce w/Garlic Toast**  
**Turkey & Gravy w/Mashed Potatoes & Rolls**  
**Walking Taco**

### Area #4

**Crispy Chicken Sandwich**  
**Spicy Chicken Sandwich**  
**BBQ Pulled Pork Sandwich**  
**Spicy Chicken Wrap**  
**Spicy Chicken Salad**  
**Vegetarian Salad**  
**Fruit & Yogurt Parfait w/Granola**  
**PBJ Uncrustable**

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**