

**Fowlerville Community Schools
Elementary Menu**

MARCH 2024

*This institution is an equal
opportunity provider
and employer.*



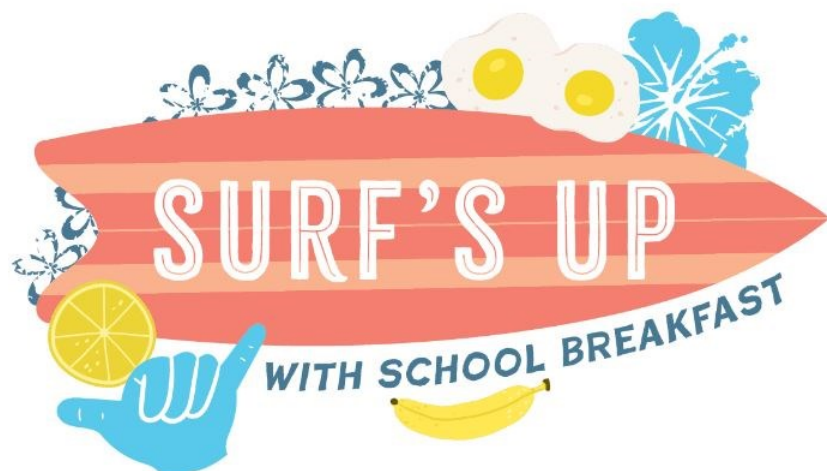
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FIRST THINGS FIRST!

This year, we've been telling you a lot about the educational and health benefits of eating a nutritious breakfast. Remember: kids can't do their best unless they're well fed in the morning!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**



Kids!
Join us March 4-8
for
**National School
Breakfast Week
2024!**

Friday, March 1

Choice of One Entree
Mini Cinni & Sausage
Strawberries & Yogurt Parfait
Chicken Caesar Salad
PBJ Uncrustable

Fresh Veggies
Variety of Fresh Fruit
Milk

SWEET TOOTH

The Honey Badger of Africa and Asia is really closer to a weasel than a true badger, but one thing about its name is definitely true: the honey badger loves honey and will avidly seek out beehives to get at it. Of course, the honey badger will also eat pretty much anything it finds -- rodents, frogs, snakes, insects, turtles, birds, lizards, eggs, vegetables, and whatever else it comes across. They've even been known to chase away young lions and steal their kills. Guess the honey badger really doesn't care!

Monday, March 4

Choice of One Entree
Mashed Potato Bowl
Hot Dog
Chef Salad
PBJ Uncrustable

Fresh Veggies
Variety of Fresh Fruit
Milk

Tuesday, March 5

Choice of One Entree
Soft Taco
Chicken Quesadilla
Chef Salad
PBJ Uncrustable

Mini Rice Krispie Treat
Fresh Veggies
Variety of Fresh Fruit
Milk

Wednesday, March 6

Choice of One Entree
BBQ Boneless Wings
Mozzarella Cheese Sticks
Chef Salad
PBJ Uncrustable

Potato Triangle
Fresh Veggies
Variety of Fresh Fruit
Milk

Thursday, March 7



Early Dismissal.
Lunch will
not be served.

Friday, March 8

Choice of One Entree
Dutch Waffle & Sausage
Breakfast Pizza
Chef Salad
PBJ Uncrustable

Fresh Veggies
Variety of Fresh Fruit
Milk



Monday, March 11

Choice of One Entree

Macaroni & Cheese
Chicken Nuggets
Chicken Bacon Ranch Salad
PBJ Uncrustable

Garlic Toast
Fresh Veggies
Variety of Fresh Fruit
Milk

Tuesday, March 12

Choice of One Entree

Walking Taco
Pepperoni Calzone
Chicken Bacon Ranch Salad
PBJ Uncrustable

Fresh Veggies
Variety of Fresh Fruit
Milk

Wednesday, March 13

Choice of One Entree

Popcorn Chicken
Crazy Cheezy Bread
Chicken Bacon Ranch Salad
PBJ Uncrustable

Potato Triangle
Fresh Veggies
Variety of Fresh Fruit
Milk

Thursday, March 14

Choice of One Entree

Cheese Pizza
Mini Corn Dogs
Chicken Bacon Ranch Salad
PBJ Uncrustable

Scooby Snacks
Fresh Veggies
Variety of Fresh Fruit
Milk

Friday, March 15

Choice of One Entree

Confetti Pancakes w/
Sausage
Cheese Omelet & Muffin
Chicken Bacon Ranch Salad
PBJ Uncrustable

Fresh Veggies
Variety of Fresh Fruit
Milk

Monday, March 18

Choice of One Entree

Crispy Chicken Sandwich
Hot Dog
Chicken Caesar Salad
PBJ Uncrustable

Cheetos Puffs
Fresh Veggies
Variety of Fresh Fruit
Milk

Tuesday, March 19

Choice of One Entree

Nachos
Grilled Cheese
Chicken Caesar Salad
PBJ Uncrustable

Fresh Veggies
Variety of Fresh Fruit
Milk

Wednesday, March 20

Choice of One Entree

Chicken Tenders
Cheeseburger
Chicken Caesar Salad
PBJ Uncrustable

Potato Smiles
Fresh Veggies
Variety of Fresh Fruit
Milk

Thursday, March 21

Choice of One Entree

Chicken&Veggie Potstickers
w/Rice
Cheese Pizza
Chicken Caesar Salad
PBJ Uncrustable

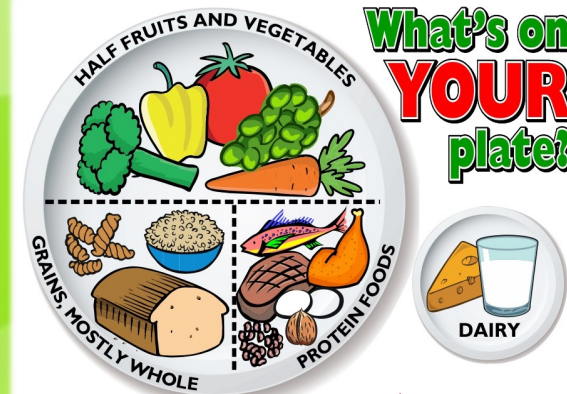
Fortune Cookie
Fresh Veggies
Variety of Fresh Fruit
Milk

Friday, March 22

Choice of One Entree

Mini Cinni & Sausage
Strawberries&Yogurt Parfait
Chicken Caesar Salad
PBJ Uncrustable

Fresh Veggies
Variety of Fresh Fruit
Milk



**What did the
Teddy Bear
say when
he was
offered
dessert?**



“No, thanks. I’m stuffed!” Actually, that’s not a bad answer for a real kid, too. Foods that are mainly sugar, fat, or oil -- like candy and desserts -- are fine in small portions and once in awhile. But they should not replace healthy foods in your diet and they should not be an every day choice!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Now Appearing . . .

SPRING BREAK!

A FUN!FUN!FUN! PRODUCTION. STARRING YOU AND YOUR FRIENDS. SPECIAL LIMITED ENGAGEMENT.

Break begins at the end of classes:
Friday, March 22

Classes resume:
Monday, April 1

NUTRITION *TOGO*

**Turns out Grandma was right:
chicken soup IS good for a cold!
Chicken soup helps to ease cold
symptoms by breaking up congestion,
keeping you hydrated, and even acting
as an anti-inflammatory. The taste
and aroma can be therapeutic, too!
There's no cure for a cold, but a
piping hot bowl of soup can
at least offer some relief.**

A QUICK BITE FOR PARENTS